GFWC Rotonda West Woman's Club, Inc. <u>Health & Wellness (CSP) Chairman</u>

Mission:

To involve members in various programs and activities that address the physical, mental and emotional needs of club members, members of our community and may address international concerns as well.

Required Meeting Attendance:

Monthly Board meetings and monthly Membership meetings.

Assigned Monthly Meeting Program:

Each CSP is required to provide a program for one of the General Membership meetings each year, as per the RWWC bylaws.

Chatter:

Each CSP is asked to provide a monthly article and photos for their CSP regarding information on their CSP's recent program activities, upcoming events, and/or general information about their CSP mission.

Term:

The term for each CSP Chairman position is two years, as per the RWWC bylaws.

Programs:

The Health & Wellness Committee encourages all new and current members, who have expressed an interest, to participate in programs that include: Kicks for Kids, Walk to End Alzheimer's, Shot@Life, Trivia Night to raise funds, often in cooperation with other CSP Chairmen. RWWC sponsors several OneBlood Drives on the Big Red Bus each year to save lives in the community. The Health & Wellness Co-chairman has taken responsibility for this project most recently.

Budget:

A small amount is budgeted each year for each CSP. Larger projects will require fundraising or voluntary support from the RWWC members and/or the general community.

Reporting:

At the end of the calendar year, reports, statistics, and a narrative of the projects completed during the year are due to the Reporting Chair(s) on the prescribed forms.